

### SUNDAY

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

### SATURDAY

11/25	11/26	11/27	11/28	11/29	11/30	12/01
<b>Lasagna al Forno</b> Caesar salad and brioche rolls <b>245 calories</b>	<b>Pretzel-Crusted Chicken Tenders</b> macaroni and cheese, green beans amandine and brioche rolls <b>217 calories</b>	<b>Chicken Vindaloo</b> saffron rice and chicken samosas <b>158 calories</b>	<b>Meatloaf</b> grilled asparagus, whipped Yukon Gold potatoes and brioche rolls <b>183 calories</b>	<b>Chicken Diablo</b> rosemary roasted potatoes, garden salad with lemon roasted garlic vinaigrette and brioche rolls <b>190 calories</b>	<b>Chicken Quesadilla</b> borracho beans, Spanish rice, tortilla chips and fire-roasted salsa <b>209 calories</b>	<b>Herb-Grilled Chicken Breast</b> whipped Yukon Gold potatoes, creamed spinach and brioche rolls <b>189 calories</b>
12/02	12/03	12/04	12/05	12/06	12/07	12/08
<b>Lasagna al Forno</b> Caesar salad and brioche rolls <b>245 calories</b>	<b>Pretzel-Crusted Tilapia</b> vegetable fried brown rice, garden salad with lemon roasted garlic vinaigrette and brioche rolls <b>220 calories</b>	<b>Smoked Pork Loin</b> mustard potato salad, garden salad with lemon roasted garlic vinaigrette and brioche rolls <b>167 calories</b>	<b>Chicken Tikka Masala</b> saffron rice and potato samosas <b>161 calories</b>	<b>Turkey Meatloaf</b> sautéed kale, garden salad with lemon roasted garlic vinaigrette and brioche rolls <b>169 calories</b>	<b>Smoked Brisket</b> BBQ sauce, picnic potato salad, cucumber dill salad and brioche rolls <b>300 calories</b>	<b>Chicken Parmesan</b> spaghetti pomodoro, Caesar salad and brioche rolls <b>180 calories</b>
12/09	12/10	12/11	12/12	12/13	12/14	12/15
<b>Spaghetti Pomodoro</b> Italian meatballs, Caesar salad and brioche rolls <b>185 calories</b>	<b>Chicken Enchiladas w/Tomatillo Avocado</b> Spanish rice, borracho beans, tortilla chips and fire-roasted salsa <b>136 calories</b>	<b>Smoked Salmon Cakes</b> Southwest red quinoa, garden salad with lemon roasted garlic vinaigrette and brioche rolls <b>264 calories</b>	<b>Pretzel-Crusted Chicken Tenders</b> macaroni and cheese, green beans amandine and brioche rolls <b>217 calories</b>	<b>Chicken Vindaloo</b> saffron rice and chicken samosas <b>158 calories</b>	<b>Meatloaf</b> grilled asparagus, whipped Yukon Gold potatoes and brioche rolls <b>183 calories</b>	<b>Spaghetti Pomodoro</b> Italian meatballs, Caesar salad and brioche rolls <b>185 calories</b>
12/16	12/17	12/18	12/19	12/20	12/21	12/22
<b>Chicken Quesadilla</b> borracho beans, Spanish rice, tortilla chips and fire-roasted salsa <b>209 calories</b>	<b>Herb-Grilled Chicken Breast</b> whipped Yukon Gold potatoes, creamed spinach and brioche rolls <b>189 calories</b>	<b>Lasagna al Forno</b> Caesar salad and brioche rolls <b>245 calories</b>	<b>Pretzel-Crusted Tilapia</b> vegetable fried brown rice, garden salad with lemon roasted garlic vinaigrette and brioche rolls <b>220 calories</b>	<b>Smoked Pork Loin</b> mustard potato salad, garden salad with lemon roasted garlic vinaigrette and brioche rolls <b>167 calories</b>	<b>Chicken Tikka Masala</b> saffron rice and potato samosas <b>161 calories</b>	<b>Turkey Meatloaf</b> sautéed kale, garden salad with lemon roasted garlic vinaigrette and brioche rolls <b>169 calories</b>
12/23	12/24	12/25	12/26	12/27	12/28	12/29
<b>Lasagna al Forno</b> Caesar salad and brioche rolls <b>245 calories</b>	<b>Spaghetti Pomodoro</b> Italian meatballs, Caesar salad and brioche rolls <b>185 calories</b>	<b>Merry Christmas!</b>	<b>Chicken Tikka Masala</b> saffron rice and potato samosas <b>161 calories</b>	<b>Turkey Meatloaf</b> sautéed kale, garden salad with lemon roasted garlic vinaigrette and brioche rolls <b>169 calories</b>	<b>Smoked Brisket</b> BBQ sauce, picnic potato salad, cucumber dill salad and brioche rolls <b>300 calories</b>	<b>Chicken Parmesan</b> spaghetti pomodoro, Caesar salad and brioche rolls <b>180 calories</b>
12/30	12/31					
<b>Spaghetti Pomodoro</b> Italian meatballs, Caesar salad and brioche rolls <b>185 calories</b>	<b>Chicken Enchiladas w/Tomatillo Avocado</b> Spanish rice, borracho beans, tortilla chips and fire-roasted salsa <b>136 calories</b>					