

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

01/27	01/28	01/29	01/30	01/31	02/01	02/02
Meatloaf grilled asparagus, whipped Yukon Gold potatoes and brioche rolls 183 calories	Chicken Diablo rosemary roasted potatoes, garden salad with lemon roasted garlic vinaigrette and brioche rolls 190 calories	Chicken Quesadilla borracho beans, Spanish rice, tortilla chips and fire-roasted salsa 209 calories	Herb-Grilled Chicken Breast whipped Yukon Gold potatoes, creamed spinach and brioche rolls 189 calories	Lasagna al Forno Caesar salad and brioche rolls 245 calories	Pretzel-Crusted Tilapia vegetable fried brown rice, garden salad with lemon roasted garlic vinaigrette and brioche rolls 220 calories	Smoked Pork Loin mustard potato salad, garden salad with lemon roasted garlic vinaigrette and brioche rolls 167 calories
02/03	02/04	02/05	02/06	02/07	02/08	02/09
Chicken Parmesan spaghetti pomodoro, Caesar salad and brioche rolls 180 calories	Turkey Meatloaf sautéed kale, garden salad with lemon roasted garlic vinaigrette and brioche rolls 169 calories	Smoked Brisket BBQ sauce, picnic potato salad, cucumber dill salad and brioche rolls 300 calories	Chicken Parmesan spaghetti pomodoro, Caesar salad and brioche rolls 180 calories	Spaghetti Pomodoro Italian meatballs, Caesar salad and brioche rolls 185 calories	Chicken Enchiladas w/Tomatillo Avocado Spanish rice, borracho beans, tortilla chips and fire-roasted salsa 136 calories	Smoked Salmon Cakes Southwest red quinoa, garden salad with lemon roasted garlic vinaigrette and brioche rolls 264 calories
02/10	02/11	02/12	02/13	02/14	02/15	02/16
Pretzel-Crusted Chicken Tenders macaroni and cheese, green beans amandine and brioche rolls 217 calories	Meatloaf grilled asparagus, whipped Yukon Gold potatoes and brioche rolls 183 calories	Chicken Diablo rosemary roasted potatoes, garden salad with lemon roasted garlic vinaigrette and brioche rolls 190 calories	Chicken Quesadilla borracho beans, Spanish rice, tortilla chips and fire-roasted salsa 209 calories	VALENTINE'S DAY DINNER	Herb-Grilled Chicken Breast whipped Yukon Gold potatoes, creamed spinach and brioche rolls 189 calories	Lasagna al Forno Caesar salad and brioche rolls 245 calories
02/17	02/18	02/19	02/20	02/21	02/22	02/23
Pretzel-Crusted Tilapia vegetable fried brown rice, garden salad with lemon roasted garlic vinaigrette and brioche rolls 220 calories	Smoked Pork Loin mustard potato salad, garden salad with lemon roasted garlic vinaigrette and brioche rolls 167 calories	Spaghetti Pomodoro Italian meatballs, Caesar salad and brioche rolls 185 calories	Turkey Meatloaf sautéed kale, garden salad with lemon roasted garlic vinaigrette and brioche rolls 169 calories	Smoked Brisket BBQ sauce, picnic potato salad, cucumber dill salad and brioche rolls 300 calories	Smoked Salmon Cakes Southwest red quinoa, garden salad with lemon roasted garlic vinaigrette and brioche rolls 264 calories	Spaghetti Pomodoro Italian meatballs, Caesar salad and brioche rolls 185 calories
02/24	02/25	02/26	02/27	02/28		
Chicken Enchiladas w/Tomatillo Avocado Spanish rice, borracho beans, tortilla chips and fire-roasted salsa 136 calories	Pretzel-Crusted Tilapia vegetable fried brown rice, garden salad with lemon roasted garlic vinaigrette and brioche rolls 220 calories	Pretzel-Crusted Chicken Tenders macaroni and cheese, green beans amandine and brioche rolls 217 calories	Chicken Parmesan spaghetti pomodoro, Caesar salad and brioche rolls 180 calories	Meatloaf grilled asparagus, whipped Yukon Gold potatoes and brioche rolls 183 calories		